



Prayer/Bible Study
April 7, 2021



HAPPINESS for this Series is defined as **Joy**, **Contentment**, **Cheerfulness**, and **Satisfaction**.

With the above definitions, please rate how **HAPPY** you are now using the scale from 1-10, with 10 being the highest _____.

Please name the one thing in your life that causes you to be **HAPPY** _____.

Now, list the one that causes you not to be **HAPPY** _____.

God wants each of us to be **HAPPY** and has made it possible for **HAPPINESS** to be our state of being. That's what this Series is about. It is literally about the **Joy of the Lord**. It is about living a life where outside circumstances or people cannot cause you not to be **HAPPY**—**John 10:10**.

The believer does not have to choose between holiness and **HAPPINESS**. God is the enemy of sin and the creator of pleasure and humor. Art, movies, books, sports, work, food, drinking, sex, and money were all created by God.

Prayer for this Series—**Psalm 16:1-11** NLT. Please read and recite this prayer daily and get it in your spirit. Meditate on it. Go through it slowly and reflect on each line. Then, allow God to

CHANGE YOU.

What does the Bible say about **HAPPINESS**?

Romans 15:13 NLT

Ecclesiastes 2:25-26 NLT

Proverbs 10:28 NLT

Psalm 30:5, 37:4, 144:15 NLT

Psalm 16:8-9 NLT

Often when the word “blessed” is used in Scripture, it means

HAPPY!

James 1:12 NKJV

Matthew 5:1-10 NKJV