



**Bible Study**  
**May 6, 2020**

## **CHOP WOOD CARRY WATER**

**Chapter 9**  
**Uncomfortable Isn't a Choice**  
**Luke 9:23, Hebrews 10:36**

### ***Profitable Principles***

- 1. You choose to be uncomfortable when you choose to obey—[Job 1:19-22](#).**
- 2. You choose to be uncomfortable when you choose not to stop when the going gets tough—[Job 13:15-16](#).**

That is a strange statement. That statement is explained in Chapter 9. In teaching John the importance of falling in love with the process that leads to greatness, Akira explains that uncomfortable is not a choice, but where you experience it is. He tells John that life will always be difficult somewhere. But, we can choose to experience that difficulty now or push it off until later. We can choose to experience it in training or in the game of life when more is at stake. For the believer, we can choose to experience it in preparation or in the trial itself. Hard is not a choice but where you experience it is.

Akira uses the phrase “the pain of regret.” Regret is to feel sad or disappointed with your current state because you did not do what you had the opportunity to do in a prior state. It is usually brought on by the consequences of in-action—[Hebrews 4:2-3, 6](#).

**Principles:** (*Akira asked John the question each of us must answer daily, "Where would you rather be uncomfortable, here or under the bright lights?"*)

1. Under pressure you don't rise to the occasion, you sink to the level of your training—for the believer, under pressure you sink to your level of obedience. God never allows the believer to experience a trial that he/she has not had the opportunity to prepare for—**1 Corinthians 10:13, Ecclesiastes 9:11.**
2. Many people say it's too hard when faced with the choice to do something difficult in the moment that will pay off in the long run—**Matthew 11:28-30.** The believer who is uncomfortable now is uncomfortable because of a prior choice made to not be obedient in preparation. Many are now experiencing that the pain of regret is much greater than the pain of obedience. Obedience is always for the future. Being broke is much harder than saving a percentage of every paycheck.
3. There is no traffic after going the extra mile and there is a very good reason. Most people won't do what it takes to get there. If you choose to do what others will not, eventually you will get to do what others can't.

4. People who get average results persist until things get uncomfortable, then quit. People who get good results persist until things get painful, then they quit. People who get world-class results have trained themselves to become comfortable when it is painful and uncomfortable and continuing anyway—[Philippians 4:13](#),  
[1 Corinthians 15:58](#), [Philippians 3:12-14](#).
  
5. When you choose to be uncomfortable in training, when the pressure comes and you sink to the level of your training, you really aren't sinking at all but are instead pushed up and supported by all those hours you have been obeying—[Luke 6:46-48](#).